

**Avoiding Gluten Lunch Menu  
For BMS & SHS  
2020-2021**

Order on Thursday by  
noon for next week!  
[bleahey@westportps.org](mailto:bleahey@westportps.org)

**Fresh Salads**

Garden Salad  
Chicken Caesar

**Sandwiches**

Grilled Cheese  
Sunbutter and Jelly  
Boars Head Turkey and Cheese  
Boars Head Ham & Cheese

**Hot Entrees**

Chicken Tenders with Fries  
Hamburger or Cheeseburger  
Pasta with Marinara Sauce or Butter  
Amy's Rice Noodle Mac & Cheese  
Bagel Pizzas

**All gluten free lunches come with milk and a choice  
of fruit and/or vegetable  
Additional pre-packaged Gluten Free Items at ala  
carte pricing**

**For Questions, Comments or Concerns, please contact  
Benjamin Leahey  
Assistant Food Service Director  
203-341-1304  
[bleahey@westportps.org](mailto:bleahey@westportps.org)**

**This menu is designed for students not able to consume gluten due to a  
medically documented disability.  
Contact your child's school nurse to get signed up for this menu or with  
any questions. All Menu Items, Recipes and Food Labels should be  
reviewed and approved by Parents and nursing staff prior to menu  
implementation**