

Post-High School Options

- Apprenticeship Training Programs
- Community Colleges/Two-Year Colleges
- Employment
- Four-Year Colleges & Universities
- Gap Year
- Military
- Post-Graduate Year
- Technical/Vocational Schools

Staples strongly supports students interested in pursuing any of the above pathways.

What Colleges Consider

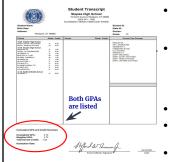
- High school courses
- Grades
- Standardized test scores
- Personal essay
- Counselor and teacher recommendations
- Work/extracurricular activities/talent
- Personal qualities and character
- Other factors (ex. demonstrated interest, institutional priorities, legacy)

Graduation Requirements

Subject	Total # of Credits
Humanities • English (4.0), Social Studies (3.0), Visual and Performing Arts (1.0), Open Humanities (1.0)	9.0
STEAM • Math (3.0), Science (3.0), Open STEAM (3.0)	9.0
World Languages	2.0
Health (1.0) and Physical Education (1.5)	2.5
Mastery-Based Diploma Assessment	1.0
Additional Credits	2.5
Total Minimum Credits Required	26.0



Staples HS Transcript



- Includes final grades and credit in completed courses and list of current courses
- Unweighted GPA and Weighted GPA (both include grades in all courses taken at Staples; see Student Handbook, Program of Studies, or School Profile)
- GPAs on transcript are cumulative
- Updated transcript emailed 2/11/2022 to all sophomores
- Many colleges recalculate GPA

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PSAT

PSAT 10

- Results available through student's College Board account and Naviance
- Look for email from SHS Guidance with information about how to interpret results and College Board resources
- Not used in the college admission process or National Merit Scholarship qualification

Grade 11 PSAT/NMSQT

- Registration in September
- Test administered in October
- Two scores:
 - Evidence-Based Reading and Writing
 Mathematics
- Not used in the college admission process

SAT and ACT

- SAT and ACT may be used in admission process; growing number of colleges are test-optional
- All juniors are required to take state administered SAT in the spring during the school day
- SAT and/or ACT generally taken 2-3 times in the spring of junior year/fall of senior year

College Admission Testing Presentation April 27, 2022 6:30 p.m.

Special Considerations

- Athletics
- Visual & Performing Arts
- U.S. Service Academies
- Programs for students with disabilities

Check email for links to recent SHS Guidance webinar recordings and handouts.

The Cost of College

- Family conversation about finances considering . full, four-year cost of college
- Use Net Price Calculators on college websites to . determine likelihood of receiving financial aid
- Most scholarships/merit aid funded by colleges themselves
- Students are most likely to receive merit aid at . colleges where they are in in top 25% of applicants

Grades 9 & 10 Post-High School **Planning Activities**

- AchieveWorks Personality
- **Career Interest Profiler** .
- Post-high school planning interest questionnaire . (see "Career Interest Profiler Follow-Up Survey")
- **Resume Builder**

All available through your child's Naviance account

Junior Year Timeline

October • PSAT/NMSQT

- November/December
- Navigating the College Search webinar Naviance college search with school counselors .

- Naviance Parent Workshop Connections check-ins
- Ianuary/February Post-High School Planning Night for Juniors and Families Understanding Financial Aid and Paying for College Individual Junior family proportigents begin

 - appointments begin

March/April

- :
- ch/April State required SAT Request teacher recommendations Programs for specialized populations (arts, athletics, students with disabilities) held in alternating years •

May/June

- //Ime Standardized testing College Admission Panel Post-high school planning classroom lessons with school counselors College essay and application workshop Job shadow experience :
- •
- •

Senior Year Timeline

First Semester

- College Application Presentation for parents
- College application . Connections lessons and workshops with school counselors
- College representative visits **Financial Aid Application** Night

Second Semester

- Students work
- individually with school counselors Scholarships •
- Transition to college ٠ programs for seniors
- Senior Internship

How To Help Foster a Healthy Post-High School Planning Process

- Value your child for who they are •
- Encourage your child to thrive in appropriately • challenging courses
- Help your child choose experiences and activities that • are enjoyable – quality <u>NOT</u> quantity
- Be the calming force for your child •
- Model appropriate responses and consider stumbling blocks as an opportunity to grow
- Support healthy technology use •
- Keep your child's information private •

Post-High School Planning Resources

- College Admission Testing Presentation Wed., April 27
- College Admission Panel Tues., May 17 ٠
- Spark Your Future! career exploration webinar series and • other webinar recordings
- Naviance .
- SHS Guidance Class of 2024 Schoology page .
- SHS Guidance website •
- **College and Career Center** •
- •
- Check out our Guidance Library books Staples Resilience Project articles and emails •
- Read your email for important updates and information • .
 - Follow us on social media:
 - stapleshighschool counseling
 - <u>SHS_Counseling1</u>

