Frequently Asked Questions (FAQs) About Free and Reduced-price School Meals

Dear Parent/Guardian:

Children need healthy meals to learn. **The Westport Public Schools** offers healthy meals every school day. Children may buy lunch for \$2.80 at the High School, \$2.70 at the Middle School and \$2.45 at the Elementary School. **Your children may qualify for either free meals or reduced-price meals.** The reduced price is \$ **0.40** for lunch. This packet includes an application for free and reduced-price meal benefits and detailed instructions.

The answers to the common questions below can help you with the application process.

1. Who can get free or reduced-price meals?

- All children in households receiving SNAP or TFA benefits are eligible for free meals.
- Foster children that are under the **legal** responsibility of a foster care agency or court are eligible for free meals. (Note: A foster child is categorically eligible for free meals and may be included as a member of the foster family if the foster family chooses to also apply for benefits for other children. Including children in foster care as household members may help other children in the household qualify for benefits. If non-foster children in a foster family are not eligible for free or reduced price meal benefits, an eligible foster child will still receive free benefits.)
- Children who meet the definition of homeless or runaway are eligible for free meals.
- Children may receive free or reduced-price meals if your household's income is within the limits of the Federal Income Eligibility Guidelines. Your children may qualify for free or reduced-price meals if your household income falls at or below the limits on this chart:

Reduced Federal Eligibility Income Chart (Effective 7/1/2022 to 6/30/2023)						
Household size	Household size Yearly Monthly Weekly					
1	25,142	2,096	484			
2	33,874	2,823	652			
3	42,606	3,551	820			
4	51,338	4,279	988			
5	60,070	5,006	1,156			
6	68,802	5,734	1,324			
7	77,534	6,462	1,492			
8	86,266	7,189	1,659			
Each additional family member	+ 8,732	+ 728	+ 168			

- 2. How do I know if my children qualify as homeless or runaway? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and you have not been told your children will get free meals, please call or e-mail Michael Rizzo, Assistant Superintendent for Pupil Personnel Services at (203) 341-1250 or mrizzo@westportps.org.
- 3. **Do I need to fill out an application for each child**? No. Use **one** *Free and Reduced-price School Meals Application* for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to [Refer to Addendum A].
- 4. **My child's application was approved last year. Do I need to fill out a new one?** Yes. Your child's application is only good for that school year and for up to 30 operating days into the new school year (or until a new eligibility determination is made, whichever comes first). When the carryover period ends, unless you are notified that your children are directly certified or you submit an application that is approved, your children's meals must be claimed at the paid rate. Though encouraged to do so, the LEA is not required to send a reminder or a notice of expired eligibility.
- 5. I get WIC. Can my children get free meals? Children in households participating in WIC may be eligible for free or reducedprice meals. Please send in an application.

FAQs About Free and Reduced-price School Meals

- 6. Will the information I give be checked? Yes. We may also ask you to send written proof of the household income you report.
- 7. If I don't qualify now, may I apply later? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced-price meals if the household income drops below the income limit.
- 8. What if I disagree with the school's decision about my application? You should talk to school officials. You also may ask for a hearing by calling or writing Elio Longo, Jr., Chief Financial Officer, Westport Public Schools, 110 Myrtle Avenue, Westport, CT 06880. Telephone: 203-341-1002.
- 9. May I apply if someone in my household is not a U.S. citizen? Yes. You, your children or other household members do not have to be U.S. citizens to apply for free or reduced-price meals.
- 10. What if my income is not always the same? List the amount that you normally receive. For example, if you normally make \$1,000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
- 11. What if some household members have no income to report? Household members may not receive some types of income we ask you to report on the application, or may not receive income at all. When this happens, please write "0" in the field. However, if any income fields are left empty or blank, those will **also** be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you **meant** to do so.
- 12. We are in the military. Do we report our income differently? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food or clothing, or receive Family Subsistence Supplemental Allowance payments, these must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.
- 13. What if there isn't enough space on the application for my family? List any additional household members on a separate piece of paper and attach to your application. Contact [Refer to Addendum A] to receive a second application.
- 14. My family needs more help. Are there other programs we might apply for? To find out how to apply for SNAP benefits and to contact the Department of Social Services office in your town, contact United Way's free referral number 2-1-1 (free call, statewide).

If you have other questions or need help, call 203-341-1002.

Sincerely,

Thomas Scarice Superintendent of Schools

Nondiscrimination Statement: This explains what to do if you believe you have been treated unfairly.

In accordance with Federal civil rights law and Westport Public Schools policies, the Westport Public Schools Meals programs are prohibited from discriminating based on race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Office of the Superintendent of Westport Public Schools at (203) 341-1000. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, please submit your written complaint to the Office of the Superintendent, Westport Public Schools by:

 mail: Superintendent of Schools Westport Public Schools 110 Myrtle Avenue Westport, CT 06880
 phone: (203) 341-1000

This institution is an equal opportunity employer and provider.

Westport Public Schools • Revised August 2022 • Page 2 of 2

Income Guidelines for Determining Eligibility for Free and Reduced-price Meals Westport Public Schools Free & Reduced Lunch Programs

The income guidelines below are from the USDA's annual adjustments to the Income Guidelines (7CFR Part 245.3(a)). They are used in Connecticut to determine the eligibility of participants for free and reduced-price meals and milk in the USDA Child Nutrition Programs from **July 1, 2022, to June 30, 2023**. These income guidelines must be used by all individuals who review applications and should be distributed to all schools/sites for use by determining officials.

Before approving any free/reduced-price meal/milk applications, the determining official must review the 2022-2023 Westport Public Schools Application for Free and Reduced-price School Meals or Free Milk, and accompanying instructions; and the 2022-2023 Parent/Guardian Letter to Households for Meals.

	Income Guidelines for Child Nutrition Programs: July 1, 2022, to June 30, 2023*										
	Free meals					Reduced-price meals					
Household size	Annual gross income	Monthly gross income	Twice per month	Every two weeks gross income	Weekly gross income	Household Size	Annual gross income	Monthly gross income	Twice per month	Every two weeks gross income	Weekly gross income
1	17,667	1,473	737	680	340	1	25,142	2,096	1,048	967	484
2	23,803	1,984	992	916	458	2	33,874	2,823	1,412	1,303	652
3	29,939	2,495	1,248	1,152	576	3	42,606	3,551	1,776	1,639	820
4	36,075	3,007	1,504	1,388	694	4	51,338	4,279	2,140	1,975	988
5	42,211	3,518	1,759	1,624	812	5	60,070	5,006	2,503	2,331	1,156
6	48,347	4,029	2,015	1,860	930	6	68,802	5,734	2,867	2,647	1,324
7	54,483	4,541	2,271	2,096	1,048	7	77,534	6,462	3,231	2,983	1,492
8	60,619	5,052	2,526	2,332	1,166	8	86,266	7,189	3,595	3,318	1,659
Each additional family member	+ 6,136	+ 512	+ 256	+ 236	+ 118	Each additional family member	+ 8,732	+ 728	+ 364	+ 336	+ 168

^k Income means income before deductions such as income taxes, Social Security taxes, insurance premiums, charitable contributions and bonds. It includes the following: 1) Monetary compensation for services, including wages, salary, commissions, or fees; 2) net income from non-farm self-employment; 3) net income from farm self-employment; 4) Social Security; 5) dividends or interest on savings or bonds or income from estates or trusts; 6) net rental income; 7) public assistance or welfare payments; 8) unemployment compensation; 9) government civilian employee or military retirement, or pensions or veterans' payments; 10) private pensions or annuities; 11) alimony or child support payments; 12) regular contributions from persons not living in the household; 13) net royalties; and 14) other cash income. Other cash income includes cash amounts received or withdrawn from any source including savings, investments, trust accounts, and other resources. "Income" as used here does not include any income or benefits received under any Federal programs, which are excluded from consideration as income by any legislative prohibition, for example, the value of benefits received under the Supplemental Nutrition Assistance Program (SNAP).

Income Guidelines for the USDA's School Nutrition Programs

If a household has only one source of income, or if all sources of income are the same frequency, do **not** use conversion factors. Compare the income or sum of the incomes to the chart on page 1 for the appropriate frequency and household size to make the eligibility determination. Many households have different sources of income coming into the home at different frequencies, such as weekly or bi-weekly wages and monthly social security benefits. In these situations, convert all sources of income to an annual amount using the calculations below.

- Weekly: Multiply by 52
- Every two weeks: Multiply by 26
- Twice per month: Multiply by 24
- Monthly: Multiply by 12

In applying the guidelines, the school food authority/institution **must** compare the household's size and total household income to the income guidelines to determine eligibility for free or reduced-price meals. Children of parents or guardians who become unemployed may be eligible for free or reduced-price meals or for free milk during the period of unemployment.

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly.

In accordance with federal civil rights law and Westport Public Schools policies, the Westport Public School Meals program is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the Office of the Superintendent of Westport Public Schools at (203)341-1000. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, please submit your written complaint to the Office of the Superintendent, Westport Public Schools by:

- 1. mail: Superintendent of Schools Westport Public Schools 110 Myrtle Avenue Westport, CT 06880
- 2. **phone:**(203)341-1000

This institution is an equal opportunity provider.

June 2022 Page 1 **2022-23 Westport Public School Application for Free & Reduced-price School Meals or Free Milk** Complete one application per household. Please use black or blue ink (not a pencil).

Application #

	LL Household Members v r sheet of paper.)	who ar	re infants, ch	ildre	n, and students up to and	d including grad	de 12. (If more s	paces are requ	ired for	additior	nal name	es, atta	ch
	Child's First Name			мі	Child's Last Name		0.1	0		dent?	Foster	Head	Homeless or
Definition of Household Member: "Anyone who is							School	Grade	e Yes	No		Start	Runaway
living with you and shares income and expenses,													
even if not related." Children in Foster care and children who meet the													
definition of Homeless or Runaway are eligible for													
free meals. Read How to Apply for Free and Reduced-price School										Check			
Meals for more information.											′[_□		
	y household members (in al (HUSKY) benefits).	ncludir	ng you) curre	ently	participate in one or mor	e of the followi	ng Assistance F	Programs – SNA	AP or Th	FA? (Thi	s does N	IOT inc	clude
If NO, > Go to STEP 3					IAP or TFA, write a SNAP OR T s, it is strongly recommended to		-		Case Nur	nber:			
	this application. See in	•	•• •	0000		and you submit pro			W	rite only one	case numbe	r in this sp	ace.
STEP 3 Repor	rt Income for ALL Househ	nold M	lembers (Ski	o this	s step if you answered "Y	es" to Step 2)							
Are you unsure what	A. Child Income							Child income		How often?			
income to include here?	Sometimes children in the Members listed in STEP 1 h		old earn income.	Pleas	e include the TOTAL income ear	ned by all Child Hou	usehold		Weekly Bi-	Weekly 2x Mor	hth Monthly Ani	nual	
							Ψ		\Box	\cup \cup	\bigcirc)	
Flip the page and	B. All Adult Househole	d Mem	nbers (includir	a vo	urselt)								
review the charts titled "Sources of Income" for		s not liste	ed in STEP 1 (incl	uding	<pre>wrself) yourself) even if they do not rece not receive income from any source</pre>								
review the charts titled "Sources of Income" for more information.	List all Household Members	s not liste	ed in STEP 1 (incl	uding	yourself) even if they do not rece	e, write '0'. If you ente	er '0' or leave any field		tifying (pro				to report.
review the charts titled "Sources of Income" for more information. The "Sources of Income for Children"	List all Household Members for each source in whole do	s not liste	ed in STEP 1 (incl	uding ey do r	yourself) even if they do not receive income from any source How often?	e, write '0'. If you ente Public Assistance/	er '0' or leave any field	ds blank, you are cer How often?	tifying (pro	mising) tha Retirement/	t there is no	o income How of	to report.
review the charts titled "Sources of Income" for more information. The "Sources of Income for Children" chart will help you with the Child Income	List all Household Members for each source in whole do Name of Adult Household Members	s not liste	ed in STEP 1 (incl cents) only. If the	uding ey do r	yourself) even if they do not receive income from any source How often?	e, write '0'. If you ente Public Assistance/	er '0' or leave any field	ds blank, you are cer How often?	tifying (pro Pensions/F	mising) tha Retirement/	t there is no	o income How of	to report.
review the charts titled "Sources of Income" for more information. The "Sources of Income for Children" chart will help you with the Child Income section. The "Sources of	List all Household Members for each source in whole do Name of Adult Household Members	s not liste Illars (no	ed in STEP 1 (incl cents) only. If the	uding ey do r	yourself) even if they do not receive income from any source How often? ekly Bi-Weekly 2x Month Monthly Annual	e, write '0'. If you ente Public Assistance/	er '0' or leave any field	ds blank, you are cer How often? tonth Monthly Annual	tifying (pro Pensions/F	mising) tha Retirement/	t there is no	o income How of	to report.
review the charts titled "Sources of Income" for more information. The "Sources of Income for Children" chart will help you with the Child Income section. The "Sources of Income for Adults" chart will help	List all Household Members for each source in whole do Name of Adult Household Members	s not liste Illars (no	ed in STEP 1 (incl cents) only. If the	uding ey do r	yourself) even if they do not receive income from any source How often? ekly Bi-Weekly 2x Month Monthly Annual	e, write '0'. If you ente Public Assistance/	er '0' or leave any field	ds blank, you are cer How often? tonth Monthly Annual	tifying (pro Pensions/F	mising) tha Retirement/	t there is no	o income How of	to report.
review the charts titled "Sources of Income" for more information. The "Sources of Income for Children" chart will help you with the Child Income section. The "Sources of Income for Adults" chart will help you with the All Adult Household Members	List all Household Members for each source in whole do Name of Adult Household Members	s not liste illars (no	ed in STEP 1 (incl cents) only. If the	uding ey do r	yourself) even if they do not receive income from any source How often? ekly Bi-Weekly 2x Month Monthly Annual	e, write '0'. If you ente Public Assistance/	er '0' or leave any field	ds blank, you are cer How often? Ionth Monthly Annual	tifying (pro Pensions/F	mising) tha Retirement/	t there is no	o income How of	to report.
review the charts titled "Sources of Income" for more information. The "Sources of Income for Children" chart will help you with the Child Income section. The "Sources of Income for Adults" chart will help you with the All Adult	List all Household Members for each source in whole do Name of Adult Household Members	s not liste illars (no	ed in STEP 1 (incl cents) only. If the	uding ey do r	yourself) even if they do not receive income from any source How often? ekly Bi-Weekly 2x Month Monthly Annual	e, write '0'. If you ente Public Assistance/	er '0' or leave any field	ds blank, you are cer How often? tenth Monthly Annual \$ \$ \$ \$ \$ \$	tifying (pro Pensions/F	mising) tha Retirement/	t there is no	o income How of	to report.
review the charts titled "Sources of Income" for more information. The "Sources of Income for Children" chart will help you with the Child Income section. The "Sources of Income for Adults" chart will help you with the All Adult Household Members	List all Household Members for each source in whole do Name of Adult Household Members	s not liste Ilars (no \$ \$ \$ \$ \$	ed in STEP 1 (inclosed on cents) only. If the Earnings from Work	< Wee < Wee (((((((((((((yourself) even if they do not receive income from any source How often? ekly Bi-Weekly 2x Month Monthly Annual	e, write '0'. If you enter Public Assistance/ Child Support/Alimony	y Weekly Bi-Weekly 2x M Image: Straight of the s	ds blank, you are cer How often? tonth Monthly Annual \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	tifying (pro Pensions/F	mising) tha Retirement/ ncome	t there is no	o income How of	to report.
review the charts titled "Sources of Income" for more information. The "Sources of Income for Children" chart will help you with the Child Income section. The "Sources of Income for Adults" chart will help you with the All Adult Household Members section.	List all Household Members for each source in whole do Name of Adult Household Members (First & Last Name)	s not liste illars (no \$ \$ \$ \$ \$ \$	ed in STEP 1 (inclosed on cents) only. If the Earnings from Worl	< Wee < Wee (((((((((((((yourself) even if they do not receive income from any source How often? ekly Bi-Weekly 2x Month Monthly Annual S S S S S S S S S S S S S S S S S S S	e, write '0'. If you enter Public Assistance/ Child Support/Alimony	y Weekly Bi-Weekly 2x M y Weekly Bi-Weekly 2x M y Image: Comparison of the system Image: Comparison of the system Image: Comparison of the system y Image: Comparison of the system y Image: Comparison of the system	ds blank, you are cer How often? tonth Monthly Annual \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	ifying (pro Pensions/F All Other I	mising) tha Retirement/ ncome	t there is no	o income How of	to report.
review the charts titled "Sources of Income" for more information. The "Sources of Income for Children" chart will help you with the Child Income section. The "Sources of Income for Adults" chart will help you with the All Adult Household Members section.	List all Household Members for each source in whole do Name of Adult Household Members (First & Last Name)	s not liste illars (no \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	ed in STEP 1 (inclose cents) only. If the Earnings from Worl	uding ey do r week uding	yourself) even if they do not receive income from any source How often? ekty Bi-Weekty 2x Month Monthly Annual Stand that this information is given in cor	e, write '0'. If you enter Public Assistance/ Child Support/Alimony	y Weekly Bi-Weekly 2x M y Weekly Bi-Weekly 2x M y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0	ds blank, you are cer How often? tonth Monthly Annual S S S S S S S S S S S S S S S S S S S	lifying (pro Pensions/F All Other I All Other I	no SSN		b income How at hekly 2x Mor	to report. ten? th Monthly Annual 0 0 0 0 0 0 0 0 0 0 0 0 0
review the charts titled "Sources of Income" for more information. The "Sources of Income for Children" chart will help you with the Child Income section. The "Sources of Income for Adults" chart will help you with the All Adult Household Members section.	List all Household Members for each source in whole do Name of Adult Household Members (First & Last Name)	s not liste illars (no \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	ed in STEP 1 (inclose cents) only. If the Earnings from Worl	uding ey do r week uding	yourself) even if they do not receive income from any source How often? ekty Bi-Weekty 2x Month Monthly Annual Stand that this information is given in cor	e, write '0'. If you enter Public Assistance/ Child Support/Alimony	y Weekly Bi-Weekly 2x M y Weekly Bi-Weekly 2x M y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0	ds blank, you are cer How often? tonth Monthly Annual S S S S S S S S S S S S S S S S S S S	lifying (pro Pensions/F All Other I All Other I	no SSN		b income How at hekly 2x Mor	to report. ten? th Monthly Annual 0 0 0 0 0 0 0 0 0 0 0 0 0
review the charts titled "Sources of Income" for more information. The "Sources of Income for Children" chart will help you with the Child Income section. The "Sources of Income for Adults" chart will help you with the All Adult Household Members section.	List all Household Members for each source in whole do Name of Adult Household Members (First & Last Name)	s not liste illars (no \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	ed in STEP 1 (inclose cents) only. If the Earnings from Worl	uding ey do r week compared week week compared week compared week compar	yourself) even if they do not receive income from any source How often? ekty Bi-Weekty 2x Month Monthly Annual Bi-Weekty 2x Month Monthly Annual Stand that this information is given in cor tate and Federal laws."	e, write '0'. If you enter Public Assistance/ Child Support/Alimony	y Weekly Bi-Weekly 2x M y Weekly Bi-Weekly 2x M y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0 y 0 0 0	ds blank, you are cer How often? tonth Monthly Annual S S S S S S S S S S S S S S S S S S S	ifying (pro Pensions/F All Other I All Other I All Other I All Other I Check if erify (check	mising) tha Retirement/ ncome		b income How at hekly 2x Mor	to report. ten? th Monthly Annual 0 0 0 0 0 0 0 0 0 0 0 0 0

2022-23 Westport Public Schools Application for Free and Reduced-price School Meals or Free Milk

	Sources of Income for Children		Sources of Income for Adults			
Sources of Child Income	Examples	Earnings from Work	Public Assistance/Alimony/ Child Support	Pensions/Retirement/ All Other Income		
Earnings from work	A child has a regular or part-time job where they earn a salary or wages	Gross income for salary, wages, cash bonuses	 Unemployment benefits Worker's compensation 	 Social Security (including railroad retirement and black lung benefits 		
Social SecurityDisability	A child is blind or disabled and receives Social Security benefits	• Net income from self-employment (farm or business)	Supplemental Security Income (SSI)	 Private pensions or disability Regular Income from trusts or 		
PaymentsSurvivor's Benefits	A parent is disabled, retired, or deceased, and their child receives social security benefits	If you are in the U.S. Military:	 Cash assistance from state or local government Alimony payments 	estates Annuities Investment income 		
Income from persons outside the household	A friend or extended family member regularly gives a child spending money	 Basic pay and cash bonuses (do NOT include combat pay, FSSA or privatized housing allowances) 	Child support paymentsVeteran's benefitsStrike benefits	 Earned Interest Rental income Regular cash payments from 		
Income from any other source	A child receives income from a private pension fund, annuity, or trust	Allowances for off-base housing, food and clothing		outside household		
OPTIONAL	Children's Racial and Ethnic Identities					
e are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. esponding to this section is optional and does not affect your children's eligibility for free or reduced-price meals. hnicity (check one): Hispanic or Latino Not Hispanic or Latino ace (check one or more): American Indian or Alaskan Native Asian Black or African American Native Hawaiian or Other Pacific Islander White						

The **Richard B. Russell National School Lunch Act** requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced-price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you information to determine if your child is eligible for free or reduced-price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, heath, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

In accordance with federal civil rights law and Westport Public Schools policies, the Westport Public Schools Meals programs are prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the Office of the Superintendent of Westport Public Schools at (203) 341-1000. To file a program discrimination complaint, please submit your written complaint to the Office of the Superintendent, Westport Public Schools by:

mail:	Superintendent of Schools
	Westport Public Schools
	110 Myrtle Avenue
	Westport, CT 06880

phone: (203) 341-1000

This institution is an equal opportunity provider.

	School Use Only – Do No	t Write Below This Line				
The Determining Official (DO) for the school/district MUST complete this section. (Only convert to annual income if there are different frequencies of income listed in Step 3.)						
Annual Income Conversion: Weekly X 52 🔶 Every 2 weeks X 26 🔶 Twice a Month X 24 🔶 Monthly X 12						
SNAP/TFA Household providing proof (must be confirmed by D	00) of a handwritten case number	Foster Child	Head Start	Confirmed Homeless or Runaway		
Income Household: Total household income:	per	Household Siz	ze:	ERROR PRONE? Q YES	🗖 NO	
Application approved for: D Free Meals	Reduced-price Meals	D Appl	lication Denied			
Date Notice Sent:	Signature of DO:		Da	ate:		

June 2022 Page 3

How to Apply for Free and Reduced-price School Meals

Please use these instructions to help you fill out the application for free or reduced-price school meals. You only need to submit one application per household, *even if your children attend more than one school in the Westport Public School system.* The application must be filled out completely to certify your children for free or reduced-price school meals. Please follow these instructions in order! Each step of the instructions is the same as the steps on the application. If at any time you are not sure what to do next, please contact your school [Refer to Addendum A].

PLEASE USE A BLACK PEN (NOT A PENCIL) WHEN FILLING OUT THE APPLICATION AND DO YOUR BEST TO PRINT CLEARLY.

Step 1: List all household members wh	o are infants, children, and students up t	to and including grade 12		
Tell us how many infants, children, and sc	hool students live in your household. They	do NOT have to be related to you to be a part of your household	ł.	
Who should I list here? When filling out t	his section, please include ALL members in	your household who are:		
• Children age 18 or under AND are supp	orted with the household's income;			
• In your care under a foster arrangemer	nt, or qualify as homeless or runaway youth	;		
Students attending Westport Public Scl	nools, regardless of age.			
A) List each child's name. Print each child's name. Use one line of the application for each child. When printing names, please print clearly. If there are more children present than	B) Is the child a student in the district? List the name of the school, the grade and mark "Yes" or "No" under the column titled "Student" to tell us which children attend school in the district. If	C) Do you have any foster children? If any children listed are foster children, mark the "Foster Child" box next to the child's name. If you are ONLY applying for foster children, after finishing STEP 1 , go to STEP 4 . <i>Foster children who live with you may count as members of</i>	D) Are any children homeless, runaway or in a Head Start Program? If you believe any child listed in this section meets this description, mark the "Head Start or Homeless/Runaway" box next to	
lines on the application, attach a second piece of paper with all required information for the additional children.	you marked "Yes," write the grade level of the student in the "Grade" column.	your household and should be listed on your application. If you are applying for both foster and non-foster children, go to step 3.	the child's name and complete all steps of the application.	
Step 2: Do any household members cu	rrently participate in SNAP or TFA?			
 If anyone in your household (including your the Supplemental Nutrition Assistance) Temporary Family Assistance (TFA) A) If no one in your household participates in any of the above listed 	ce Program (SNAP) B) If anyone in your household participa	f the assistance programs listed below, your children are eligib tes in any of the above listed programs: A. You only need to provide one case number. If you participate		
 • Leave STEP 2 blank and go to STEP 3. • Leave STEP 2 blank and go to STEP • Go to STEP 4. 				
Step 3: Report income for all household members				
 Step 3: Report Income for all nousehold members How do I report my income? Use the charts titled "Sources of Income for Children" and "Sources of Income for Adult," printed on the back side of the application form, to determine if your household has income to report. Report all amounts in GROSS INCOME ONLY. Report all income in whole dollars. Do not include cents. 				

- Report all amounts in GROSS INCOME ONLY. Report all income in whole dollars. Do not include cents.
 - $\circ\;$ Gross income is the total income received before taxes.
 - Many people think of income as the amount they "take home" and not the total "gross" amount. Make sure that the income you report on this application has NOT been reduced to pay for taxes, insurance premiums, or any other amounts taken from your pay.
- Write a "0" in any fields where there is no income to report. Any income fields left empty or blank will also be counted as a zero. If you write '0' or leave any fields blank, you are certifying (promising) that there is no income to report. If local officials suspect that your household income was reported incorrectly, your application will be investigated.
- Mark how often each type of income is received using the check boxes to the right of each field.

June 2022 Page 4 2022-23 Westport Public Schools Application for Free and Reduced-price School Meals or Free Milk

3.A. Report income earned by children						
A) Report all income earned or received by children. Report the combined gross income for ALL children listed in STEP 1 in your household in the box marked "Child Income." Only count foster children's income if you are applying for them together with the rest of your household.						
What is Child Income? Child income is money	received from outside your household that is paid DIRECTLY to your children. Man	ny households do n	ot have any child income.			
3.B. Report income earned by adults						
not receive income of their own. • Do NOT include:	ALL adult members in your household who are living with you and share income upported by your household's income AND do not contribute income to your household.		n if they are not related and even if they do			
B) List adult household members' names. Print the name of each household member in the boxes marked "Names of Adult Household Members (First and Last)." Do not list any household members you listed in STEP 1. If a child listed in STEP 1 has income, follow the instructions in STEP 3, part A.	Print the name of each household member in the boxes marked "Names of Adult Household Members (First and Last)." <i>Do</i> <i>not list any household members you listed in</i> <i>STEP 1.</i> If a child listed in STEP 1 has income, follow the instructions in STEP 3 ,					
E) Report income from pensions/retirement/all other income. Report all income that applies in the "Pensions/Retirement/All Other Income" field on the application.	pensions/retirement/all other income.in the field "Total Household Members (Children and Adults)." This numberNumber. An adult household member must enter the lastReport all income that applies in the "Pensions/Retirement/All Other Income"MUST be equal to the number of household members listed in STEP 1 and STEP 3. If there are any members of your household that you have not listedNumber. An adult household member must enter the last four digits of their Social Security Number in the space provided. You are eligible to apply for benefits even if you do					
Step 4: Contact information and adult sign	ature					
All applications must be signed by an adult member of the household. By signing the application, that household member is promising that all information has been truthfully and completely reported. Before completing this section, please also make sure you have read the privacy and civil rights statements on the back of the application.						
A) Provide your contact information. Write your current address in the fields provided if this information is available. If you have no permanent address, this does not make your children ineligible for free or reduced- price school meals. Sharing a phone number, email address, or both is optional, but helps us reach you quickly if we need to contact you.	B) Print and sign your name and write today's date. Print the name of the adult signing the application and that person signs in the box "Signature of adult."	C) Mail completed form to your child's school office.	D) Share children's racial and ethnic identities (optional). On the back of the application, we ask you to share information about your children's race and ethnicity. This field is optional and does not affect your children's eligibility for free or reduced-price school meals.			

2022/2023 ADDENDUM A

Staples High School 70 North Avenue Westport, CT 06880 Tel: 203-341-1210	Stafford Thomas Jr., Principal
Bedford Middle School 88 North Avenue Westport, CT 06880 Tel: 203-341-1510	Adam Rosen, Principal
Coleytown Middle School 255 North Avenue Westport, CT 06880 Tel: 203-341-1610	Kris Szabo, Principal
Coleytown Elementary School 65 Easton Road Westport, CT 06880 Tel: 203-341-1710	Janna Sirowich, Principal
Greens Farms Elementary School 17 Morningside Dr., So. Westport, CT 06880 Tel: 203-222-3610	Kevin Cazzetta, Principal
Kings Highway Elementary School 125 Post Road, W. Westport, CT 06880 Tel: 203-341-1810	Tracey Carbone, Principal
Long Lots Elementary School 13 Hyde Lane Westport, CT 06880 Tel: 203-341-1910	Kimberly Ambrosio, Principal
Saugatuck Elementary School 170 Riverside Avenue Westport, CT 06880 Tel: 203-221-2910	Beth Messler, Principal

access health CT



Does Your Family Need Health Insurance?

Connecticut offers low-cost or free coverage!

Dear Parent/Guardian,

Is your child protected by health insurance? If not, your school and the State of Connecticut want to help. Connecticut's HUSKY Health program, for example, pays for doctor visits (including physical exams), prescriptions, emergency care, vision and dental care, mental healthcare, special healthcare needs and more. It's for children under age 19 in families under specific income limits. Approximately 360,000 Connecticut children now have their healthcare covered by the HUSKY Health program. There are two parts to the HUSKY Health program for children:

- I. **HUSKY A** (or Medicaid) For children in families with limited income. Parents, relative caregivers and pregnant individuals may also be eligible.
- II. **HUSKY B** (or Children's Health Insurance Program) For uninsured children in families with higher incomes. Pregnant individuals who do not qualify for Medicaid due to immigration status may qualify for HUSKY B-Prenatal Care.

You can apply for and enroll in HUSKY A or HUSKY B any time of the year.

- To apply online, please visit AccessHealthCT.com
- To apply by **phone**, please call **855-394-2428** (If you are deaf or hearing impaired, you may use the TTY at 1-855-789-2428 or contact us with a relay operator.)
- For general information about HUSKY Health, please visit www.ct.gov/Husky

Your child needs YOU to stay healthy, too!

When you apply for HUSKY Health for your child, see what Access Health CT has to offer you.

Most Connecticut residents can enroll at any time, so you should not wait to apply if you need healthcare coverage. Some coverage options require that you enroll during an Open Enrollment Period (usually November 1–January 15) or a Special Enrollment Period (SEP) if you have a Qualifying Life Event (see below for more information).

There are now more no-cost coverage options available, including the new Covered Connecticut Program. The best way to see what you qualify for is to contact Access Health CT today.

What is a Qualifying Life Event? Qualifying Events include:



Losing your coverage due to job change/loss



Permanent move to Connecticut



Pregnancy, birth, adoption or foster care

For More Information, visit AccessHealthCT.com



Change in tax dependent status as a result of Divorce, or other Legal Decree or Court Order



Newly eligible/ineligible for Premium Tax Credit

(a type of financial help) due to a change in income

Loss of Coverage Due to Other Circumstances:

- Losing coverage you had through your spouse or parent
- Expiration of COBRA
- No longer eligible for HUSKY Health
- No longer eligible for Cost-Sharing Reduction Plan (a type of financial help)

This partnership to inform parents about health insurance options is in accordance with Section 119 of Public Act 07-02, June Special Session. Special thanks to the Connecticut Department of Education, Connecticut Department of Social Services, Access Health CT, Regional Education Service Centers, and all caring school personnel throughout the state as we join with parents to bring health coverage to Connecticut children. [2022]

Dear Parent/Guardian:

If your children qualify for free school meals or milk, you might also qualify for **SNAP** (formerly called Food Stamps). SNAP helps people buy food for themselves and their families. SNAP benefits are issued each month on plastic debit cards. You can use SNAP benefits to buy food at major supermarkets, neighborhood grocery stores, and some farmers' markets authorized to accept SNAP.

How to Qualify

If and how much SNAP you qualify for depends on:

- your household's income;
- allowable deductions to your household's income (examples include monthly shelter expenses, medical bills, and court ordered child support);
- your household size; and
- at least 5 years U.S. residency for qualified non-citizens.

If you have access to the Internet, you can go online to see if you may be eligible for SNAP. Go to www.connect.ct.gov and click "Am I Eligible?" Owning your own home or owning a car will not prevent you from being eligible for SNAP.

Effective October 1, 2021					
Household size	Gross monthly income	Gross annual income			
1	1,986	23,832			
2	2,686	32,232			
3	3,386	40,632			
4	4,085	49,020			
5	4,785	57,420			
6	5,485	65,820			
7	6,185	74,220			
8	6,885	82,620			
For each additional member	+699	+8,388			
Larger househ	olds = higher ir	ncomes			

To Apply or Get More Information

- To find your local Connecticut Department of Social Services (DSS) office, call **United Way's free referral number 2-1-1** (free call statewide).
- You can find a list of all Connecticut Department of Social Services (DSS) offices, or you can apply online at https://www.connect.ct.gov/access/jsp/access/Home.jsp (click "Apply for Benefits"). You can get the paper SNAP application in English at https://portal.ct.gov/-/media/Departments-and-Agencies/DSS/Common-Applications/W-1E.pdf and in Spanish at https://portal.ct.gov/-/media/Departments-and-Agencies/DSS/Common-Applications/W-1E.pdf.
- The following two organizations conduct outreach for DSS and can assist with applying for SNAP benefits:
 - 1. End Hunger CT! provides a SNAP outreach call center (866-974-SNAP (7627)) to assist in applying for as well as maintaining eligibility for SNAP benefits. If you are eligible for SNAP, you will stretch your food dollars, support your school and community, and your kids get school meals at no cost. Many families are surprised they qualify it is quick, easy and confidential to check by calling one of our trained associates
 - 2. **The Connecticut Association for Community Action** (CAFCA) works with community action agencies that will help you enroll in SNAP (see table on page 2):

Addendum C: Information on SNAP

Agency	Phone number	Areas served
The Access Community Action Agency (Access)	860-450-7400	Windham and Tolland Counties
Alliance for Community Empowerment (Alliance)	203-366-8241	Greater Bridgeport Area and Upper Fairfield County
Community Action Agency of New Haven, Inc. (CAANH)	203-387-7700	Greater New Haven Area
The Community Action Agency of Western Connecticut, Inc. (CAAWC)	203-744-4700	Northwestern CT and Lower Fairfield County
Community Renewal Team, Inc. (CRT)	860-560-5600	Hartford and Middlesex County
Human Resources Agency of New Britain, Inc. (HRA)	860-225-8601	New Britain and Bristol Areas
New Opportunities, Inc. (NOI)	203-575-9799	Greater Waterbury, Meriden, and Torrington Areas
Thames Valley Council for Community Action, Inc. (TVCCA)	860-889-1365	Southeastern CT- New London County
Training Education and Manpower, Inc. (TEAM)	203-736-5420	Naugatuck Valley

In accordance with federal civil rights law and the Westport Public Schools policies, the Westport Public Schools Meals programs are prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the Office of the Superintendent of Westport Public Schools at (203)341-1000. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, please submit your written complaint to the Office of the Superintendent, Westport Public Schools by:

- 1. **mail:** Superintendent of Schools Westport Public Schools 110 Myrtle Avenue Westport, CT 06880
- 2. phone: (203) 341-1000

This institution is an equal opportunity provider.